

The 2nd Station:

Jesus Carries His Cross



... and carrying the cross himself he went out to what is called the Place of the Skull, Jn 19.17

Trust

We contemplate Jesus who is goodness and innocence itself, weighed down under the cross of our sins. It is not an easy burden nor one he accepts without a struggle. Jesus struggles and strains under the heavy cross, yet he shoulders it willingly, even peacefully, because of an unflinching trust in his Father's plan.

Jesus, Lord, by your cross give me courage to bear my own crosses and suffering. Help me today as I struggle to be good, to go against the crowd, to accept pain and illness, and to forgive those who injure me. Give me your insight and wisdom to see that everything the Father sends, no matter how painful or unwanted, will bring me joy and peace if I but embrace it with patience and trust. Amen.